

**CLINICALLY DOSED†**

**HIBERN8™ Product Highlights**

- Promotes Deep and Restful Sleep†
- Supports Nighttime Recovery of Mind and Muscles†
- Starts Working the Very First Night†
- Clinically Dosed Ingredients†
- Full Supply for 30 Restful Nights†

HIBERN8 is a powerful sleep formula that helps to easily fall and stay asleep. It promotes deep and restful sleep. By doing so it supports nighttime recovery of mind and muscles. Waking up refreshed in the morning increases mood, productivity and is essential for achieving optimum physical strength and appearance. HIBERN8 is clinically dosed and starts working the very first time you take it.†

**⚠ WARNING:** HIBERN8™ is not for use by persons under the age of 18. As HIBERN8 may produce drowsiness, do not drive a motor vehicle or operate heavy equipment or machinery after taking. Do not use if pregnant or nursing. Do not take this product if you have an autoimmune condition or depressive disorder. If you are currently taking selective serotonin reuptake inhibitors (SSRIs) or any other anti-depressant, consult your Health Care Professional before using this product. Do not exceed the recommended dosage. KEEP OUT OF REACH OF CHILDREN.

**Nutrex**  
RESEARCH

**HIBERN8™**

**POWERFUL SLEEP FORMULA†**

**30 Night  
Supply**

**NIGHTTIME  
MIND & MUSCLE  
RECOVERY†**

**8 Hours  
of Sleep†**

**Dietary Supplement  
90 Capsules**

**SUPPLEMENT FACTS**

Serving Size: 3 Capsules

Servings Per Container: 30

	Amount per serving	% Daily Value
Magnesium (as Amino Acid Chelate)	195mg	49%
Zinc (as Orotate)	10mg	67%
GABA (Gamma-Aminobutyric Acid)	1000mg	*
L-Tryptophan	500mg	*
Melatonin	5mg	*

\* Daily Value not established.

**OTHER INGREDIENTS:** Gelatin, Magnesium Stearate, Silica, Titanium Dioxide, FD&C Red 3, FD&C Red 40, FD&C Blue 1 and FD&C Yellow 6.

**RECOMMENDED USE:** To assess your personal need and tolerance start by taking 1 capsule 30 minutes before bedtime. Increase to 2 or 3 capsules next time if stronger sleep effects are desired. Do not exceed maximum dosage of 3 capsules per serving. Many individuals will already find 1-2 capsules per night sufficient.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Developed by & Manufactured Exclusively for:  
**Nutrex Research, Inc.**  
Oviedo, FL 32765 USA • Nutrex.com • 1-888-3NUTREX

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