

# GNC PRO PERFORMANCE®

## CREADRIVE® DIETARY SUPPLEMENT



**ULTIMATE CREATINE BREAKTHROUGH  
FEATURES 34 GRAMS OF CARBS AND  
5.25 GRAMS OF CREATINE PER SERVING  
WITH 1000 MG OF TAURINE**

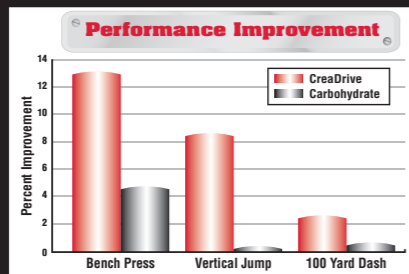


**NET WT 2 LB (32 OZ) 909.1 G**

Pro Performance® CreaDrive® supplies a scientifically studied blend of Carbohydrates, Creatine, Phosphates and Taurine in a great-tasting fruit punch supplement. This advanced formula is designed for well-trained athletes striving to go beyond their potential.

Creatine is one of the most popular sports supplements among athletes. In the body, creatine is converted to creatine phosphate which helps to fuel skeletal muscles and provides support for immediate energy production during high-intensity workouts.\* Over the past several years, numerous studies have shown that creatine supplementation may help to improve athletic performance and promote cellular hydration.\*

Eight weeks of supplementation with the CreaDrive formula in male collegiate athletes during off-season training produced significant increases in several performance variables compared to those athletes taking 34g carbohydrate formula alone.\* Subjects taking the CreaDrive formula displayed increased performance in the bench press, vertical jump and 100 yard dash compared to those taking the carbohydrate formula alone.\*



For More Information:  
1-888-462-2548

**SHOP NOW @ GNC.COM**

Distributed by:  
General Nutrition Corporation  
Pittsburgh, PA 15222

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

CODE 350660

HKG

**DIRECTIONS:** As a dietary supplement, mix one scoop (45g) with 6 to 8 ounces of cold water or juice.

### Supplement Facts

Serving Size One Scoop (45g)  
Servings Per Container 20

Amount Per Serving	% Daily Value	
Calories	140	
Total Carbohydrate	34 g	11%†
Sugars	33 g	*
Phosphorus	200 mg	20%
Magnesium	60 mg	15%
Sodium	95 mg	4%
Potassium	80 mg	2%
Creatine Monohydrate	5.25 g	*
Taurine	1000 mg	*

† Percent Daily Values are based on a 2000 calorie diet.

\* Daily Value not established.

**OTHER INGREDIENTS:** Dextrose, Natural Fruit Punch Flavor, Citric Acid, Beet Color, diMagnesium Phosphate, monoSodium Phosphate, diPotassium Phosphate.

**WARNING:** Consult your physician prior to using this product if you are pregnant, nursing, taking medication, under 18 years of age or have a medical condition. Discontinue use two weeks prior to surgery.

**NOTICE:** Significant product settling may occur.

**KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.**

**Place UPC  
Here**

0 48107 05640 7

Die 13.875" x 4.5" PP

No White lines on file

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**BRUNNER**

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**Client:** GNC

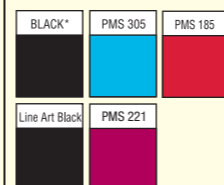
**Round:** Release

**Revise Date:** 08/27/09

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Color Palette - 5 Spot Colors



\*PROCESS INKS PRINT SPOT  
CYAN = PMS 305  
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Design Services at BRUNNER, 412.995.9678

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