

Suggested Use: Consume 1-4 scoops depending on your calorie and protein requirements. For each scoop, add 4-6 ounces of cold water, milk or your favorite beverage to a shaker cup or blender and mix for 30-45 seconds. Vary the amount of liquid to meet your desired taste and consistency. Using nonfat milk instead of water will give you a thicker, creamier shake.

Between Meals: Consume between meals to maintain positive nitrogen balance and support a high-calorie diet.

Post-Workout: Consume 30 minutes following exercise to replenish glycogen and support maximum recovery

HIGH CALORIE ENHANCED PEPTIDE EXTREME MASS GAINER PROTEIN

Extreme Mass uses a scientifically advanced protein formula that feeds your muscle with 53 grams of amino packed protein in a steady stream lasting up to 3 hours. 70% of the total protein comes from pure WPC 80 for quick absorption into muscle, and 30% comes from pure Micellar Casein for sustained release protein absorption

NO INFERIOR PROTEINS NO GLUTEN or SOY **NO ION EXCHANGE WHEY** NO TRANS FAT or DEXTROSE **NO PROPRIETARY BLENDS NO HIDDEN INGREDIENTS** NO FILLERS OF EXCIPIENTS NO BANNED SUBSTANCES



CONCENTRATION OF BCAAs & AN

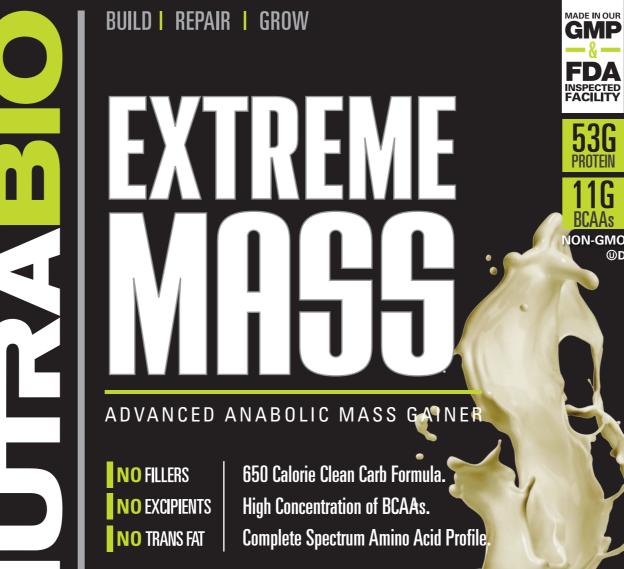
Shown is the typical amino acid profile per serving which is derived from whey protein and micellar casein only. Absolutely no ingredients have been added to spike protein values.

Essential Amino Acids (EAAs)		Conditionally Essential Amino Acids (CAAs)		Nonessential Amino Acids (NAAs)	
Tryptophan	1443mg	Arginine	1469mg	Aspartic Acid	4898mg
Valine **	3223mg	Cysteine	55mg	Serine	2568mg
Threonine	3111mg	Tyrosine	2034mg	Glycine	1045mg
lsoleucine **	3263mg	Histidine	1149mg	Alanine	2189mg
Leucine **	5181mg	Proline	4041mg		
Lysine	4480mg	Glutamic Acid	9790mg		
Phenylalanine	1909mg	(Glutamine Precursor)			
Methionine	1150mg	** Branch Chain Amino Acids			



Quality and purity since 1996. NutraBio manufactures in our own FDA registered & inspected GMP Part 111 regulations Part 111 regulations







	Amount Per Serving
	Calories 660
	Calories from Fat 50
	Total Fat 6g
0	Saturated Fat 4g
D	Cholesterol 115mg
	Total Carbohydrate 101g
	Dietary Fiber 5g
	Sugars 7g
	Protein 53g
	Vitamin A (palmitate) 5031IU
	Vitamin C (ascorbic acid) 60mg
	Vitamin D (cholecalciferol) 400IU
	Vitamin E (dl-a-tocopheryl acetate) 30IU
_	Vitamin K (phytonadione) 80mcg
	Thiamin (thiamine mononitrate) 1.5mg
	Riboflavin (Vitamin B2) 2.1mg
•	Vitamin B3 (niacinamide) 20mg
	Vitamin B6 (pyridoxine HCl) 2mg
	Folic Acid 400mcg
	Vitamin B12 (methylcobalamin) 6mcg
	Biotin 300mcg
	Pantothenic Acid (Vitamin B5) 10mg

amin B5) 10mg Calcium 690mg

E/TSE Free

STORE IN A COC INCLUDED (MAY SETTLE T DURING SHIPPING.)

or prevent any disease

NO PROPRIETARY BLENDS | EVERY INGREDIENT DISCLOSED WITH DOSAGE

Supplement Facts

Serving size: 4 scoops (174.6 grams) Servings per container: 16

% Daily Value	Amount Per Serving	% Daily Value
	Iron <1mg	4%*
	Phosphorus (potassium phosphate) 407mg	40%*
9%*	lodine (potassium iodide) 201mcg	134%*
20%*	Magnesium (magnesium oxide) 126mg	32%*
38%*	Zinc (zinc citrate) 15mg	100%*
34%*	Selenium (selenium chelate) 70mcg	100%*
20%*	Copper (copper oxide) 2mg	100%*
†	Chromium (chromium nicotinate chelate) 120mcg	100%*
06%* 00%*	Sodium 175mg	7%*
0%*	Potassium (potassium phosphate) 446mg	13%*
0%*		
)%*	Maltodextrin (Long-Chain Polymetric Fraction) 93g	†
0%* 0%*	Whey Protein Concentrate (WPC 80) (non-denatured) 47.7g (CFM cross flow micro and ultra-filtered WPC80. Cold processed. Instantized with sunfl Yielding 37g complete protein.)	t lower lecithin.
24%*	Micellar Casein 19.8g (Cold processed. Instantized with sunflower lecithin. Yielding 16g complete protein.)	†
100%*	Medium Chain Triglycerides 4.5g	t
100%*	Digestive Resistant Maltodextrin 5.4g	†
100%*	Flavor Profile 3.5g	†
00%*	(natural vanilla flavor 3.4g, sucralose 85mg, salt 30mg)	
100%*	* Percent Daily Values are based on a 2000 calorie diet.	
100%*	 Percent Daily values are based on a 2000 calorie diet. † Daily Value not established. 	
69%*		

Ingredients: ABSOLUTELY NONE.

her, Non-GMO, Gluten Free, Soy Free, &

nded as a dietary as a sole sour nutrition.

> ERVING SCOOP E BOTTOM

‡These statements have not been evaluated by the Food and Drug dministration. This product is not intended to diagnose, treat, cure

NUTRABIO

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